

Kathy McHugh, author of *Passing On Hope* presents...

Mining for Gold: Discovering All that You Are!

"To be yourself in a world that is constantly trying to make you something else is the greatest accomplishment."-Ralph Waldo Emerson

- Learn the tools to go within and explore honestly what's working in your life and what's not; and how to recreate your life NOW not later, choice by choice, day by day.
- Learn to ask yourself tough questions that will invite new ideas and possibilities instead of continuing to see life as you have always seen it. Power Question: *What if the ONE thing holding you back from the life you deeply desire is YOU and YOUR choices?*
- Learn to love each day for the gift it is and learn to love yourself for the gift you are! *In the end, it's about legacy. What will your legacy be?*

Saturday, October 4th

10 a.m. to 1:30 p.m.

****Doors will open at 9:30****

Donations welcomed for The Bethlehem House

Spherion Staffing, 52 S. Girls School Rd

Indianapolis, IN 46231

**RSVP by Oct. 1st: McHugh_Kathy@yahoo.com or
call me @ 442-0367**

NOTE: In order to provide this FREE workshop, it will be held at Spherion Staffing which is my business. Donations will be accepted but are not required for The Bethlehem House an Indianapolis based not-for-profit, providing free services for those affected by HIV and addiction. To date, workshop participants have donated a total of \$1255.